

NHS Social Prescribing

Do you have **social, emotional or practical concerns** and **need support**?

Our Social Prescriber may be able to help.

Social Prescribing can link you in to support within your community to help you work towards a more fulfilling life. Speak to a member of the Surgery Team

Social Prescribing can support you with:



Housing concerns



Finances + Employment



Mental Health



Social activities + groups



Healthy lifestyle



Caring for someone



Volunteering + education



Bereavement



Living with health conditions

If you have any further queries, Please call the Practice on 01424 720574